



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	All our soups are homemade served with Hand made bread (Gluten Free available upon request)				
MAIN	Inset day	Beef Lasagne	Butchers Sausages with Winter Vegetable Mash	Chicken Burritos	Cod Fish Fingers
MAIN VEGETARIAN and VEGAN		Halloumi Tacos	Jacket Potato with Beans and Cheese or Tuna Mayo	Thai Green Curry and Rice	Vegan Fish Fingers
ON THE SIDE		Garlic Bread, Carrots and Peas	Root Vegetable Mash, Peas and Gravy	Rice, Sour Cream and Sweetcorn	Oven Chips, Low Sugar Baked Beans and Peas
SOMETHING SWEET		Lemon Sponge Cake	Don's Cookie of the Day	Apple Crumble and Custard	Chocolate Brownie
DESSERT POTS		Jelly, Yoghurt or Fresh Fruit	Jelly, Yoghurt or Fresh Fruit	Jelly, Yoghurt or Fresh Fruit	Jelly, Yoghurt or Fresh Fruit



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	All our soups are homemade served with Hand made bread (Gluten Free available upon request)				
MAIN	Pasta Bar with Choice of Sauces	Chicken Pie	Beef Bolognaise	Roast Pork Shoulder	Oven Baked Breaded Pollock
MAIN VEGETARIAN and VEGAN	Vegetable Frittata	Stuffed Peppers	Aubergine Parmigiana	Gnocchi Bake	Vegan Fish Fingers
ON THE SIDE	Tomato Sauce, Cheese Sauce, Pesto and Mixed Vegetables	New Potatoes, Peas and Gravy	Whole Wheat Pasta, Mixed Vegetables and Parmesan Cheese	Fondant Potatoes, Cabbage, Carrots and Apple Sauce	Roasted New Potatoes, Peas and Sweetcorn
SOMETHING SWEET	Jelly, Yoghurt or Fresh Fruit	Flapjack	Cupcake	Vanilla Rice Pudding with Strawberry Compote	Malteser Cake
DESSERT POTS	Fresh Fruit Selection	Jelly, Yoghurt or Fresh Fruit	Jelly, Yoghurt or Fresh Fruit	Jelly, Yoghurt or Fresh Fruit	Jelly, Yoghurt or Fresh Fruit



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	All our soups are homemade served with Hand made bread (Gluten Free available upon request)				
MAIN	Mac and Cheese or Tomato Pasta Bake	Shepherd's Pie with Sweet Potato Top	Pepperoni Pizza, Margherita Pizza and Mushroom and Red Pepper Pizza	Roast Beef	Cod Fish Fingers
MAIN VEGETARIAN and VEGAN	Vegetable Frittata	Mushroom Stroganoff and Butter Bean Mash	Sweet Potato Cakes	Tortilla Quiche	Vegan Fish Fingers
ON THE SIDE	Mixed Vegetables and Garlic Bread	Mixed Vegetables	Herb Roasted New Potatoes and Peas	Roast Potatoes, Cabbage, Carrots and Yorkshire puddings	Oven Chips, Sweetcorn and Low Sugar Baked Beans
SOMETHING SWEET	Jelly, Yoghurt or Fresh Fruit	Carrot Cake with Cream Cheese Frosting	Don's Cookie of the Day	Popcorn Bar	Ice Cream Pots
DESSERT POTS	Fresh Fruit Selection	Jelly, Yoghurt or Fresh Fruit	Jelly, Yoghurt or Fresh Fruit	Jelly, Yoghurt or Fresh Fruit	Jelly, Yoghurt or Fresh Fruit



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	All our soups are homemade served with Hand made bread (Gluten Free available upon request)				
MAIN	Pasta Bar with Choice of Sauces	Sweet Potato topped Cottage Pie	Roast Gammon (Citrus tasting table) Lemon chicken bowl Carrot and orange smoothie	Chicken Burritos	Cod Fish Fingers
MAIN VEGETARIAN and VEGAN	Quorn Stir Fry	Quorn Sausage and Mash	Aubergine Schnitzel	Thai Green Curry and Rice	Vegan Fish Fingers
ON THE SIDE	Tomato Sauce, Cheese Sauce, Pesto and Mixed Vegetables	Mixed Vegetables and Gravy	Roasted Potatoes, Peas, Carrots and Gravy	Rice, Sour Cream and Sweetcorn	Oven Chips, Low Sugar Baked Beans and Peas
SOMETHING SWEET	Jelly, Yoghurt or Fresh Fruit	Flapjack	Cupcake with Lemon and Orange Frosting	Apple Crumble and Custard	Chocolate Brownie
DESSERT POTS	Fresh Fruit Selection	Jelly, Yoghurt or Fresh Fruit	Orange Jelly, Yoghurt and Fresh Fruit	Jelly, Yoghurt or Fresh Fruit	Jelly, Yoghurt or Fresh Fruit



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	All our soups are homemade served with Hand made bread (Gluten Free available upon request)				
MAIN	Mac and Cheese or Tomato Pasta Bake	Roast Chicken	Beef Bolognese	Pork or Chicken Sausage Roll	Oven Baked Breaded Pollock
MAIN VEGETARIAN and VEGAN	Vegetable Frittata	Stuffed Peppers	Ramen Bowl	Gnocchi Bake	Vegan Fish Fingers
ON THE SIDE	Mixed Vegetables and Garlic Bread	Herb Roasted New Potatoes, Peas and Carrots	Whole Wheat Pasta, Mixed Vegetable and Parmesan Cheese	Fondant Potatoes, Cabbage, Carrots and Apple Sauce	Roasted New Potatoes, Peas and Sweetcorn
SOMETHING SWEET	Jelly, Yoghurt or Fresh Fruit	Flapjack	Don's Cookie of the Day	Chocolate Rice Pudding	Malteser Cake
DESSERT POTS	Fresh Fruit Selection	Jelly, Yoghurt or Fresh Fruit	Jelly, Yoghurt or Fresh Fruit	Jelly, Yoghurt or Fresh Fruit	Jelly, Yoghurt or Fresh Fruit



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	All our soups are homemade served with Hand made bread (Gluten Free available upon request)				
MAIN	Mac and Cheese or Pasta Bake	Sweet Potato topped Cottage Pie	Pepperoni Pizza, Margherita Pizza and Vegetable Pizza	Roast of the Day	Cod Fish Fingers
MAIN VEGETARIAN and VEGAN	Vegetable Curry and Rice	Orzo with Tomato, Leeks and Red Pepper Casserole	Sweet Potato Cakes	Tortilla Quiche	Vegan Fish Fingers
ON THE SIDE	Mixed Vegetables and Garlic Bread	Mixed Vegetables	Crispy Potatoes, Peas and Sweetcorn	Roast Potatoes, Cabbage and Carrots	Oven Chips, Sweetcorn and Low Sugar Baked Beans
SOMETHING SWEET	Jelly, Yoghurt or Fresh Fruit	Carrot Cake with Cream Cheese Frosting	Don's Cookie of the Day	Popcorn Bars	Ice Cream Pots
DESSERT POTS	Fresh Fruit Selection	Jelly, Yoghurt or Fresh Fruit	Jelly, Yoghurt or Fresh Fruit	Jelly, Yoghurt or Fresh Fruit	Jelly, Yoghurt or Fresh Fruit