

## Lunch Menu: Week Commencing 4<sup>th</sup> November

|                           | MONDAY  | TUESDAY                           | WEDNESDAY  | THURSDAY                          | FRIDAY                              |  |
|---------------------------|---|-----------------------------------|--|-----------------------------------|-------------------------------------|--|
| SOUP OF THE DAY           | All our soups are homemade served with Hand made bread (Gluten Free available upon request) |                                   |  |                                   |                                     |  |
| MAIN                      | Pasta Bar with<br>Choice of Sauces  | Lasagne                           | Butchers Sausages<br>with Winter<br>Vegetable Mash | Slow Braised<br>Beef Burritos     | Fish Fingers or<br>Salmon Fish Cake |  |
| MAIN VEGETARIAN and VEGAN | Quorn Stir Fry  | Halloumi Tacos                    | Jacket Potato with<br>Beans or<br>Vegetable Chilli | Thai Green Curry<br>and Rice      | Vegan Fish Fingers                  |  |
| ON THE SIDE               | Rice and Mixed<br>Vegetables  | Garlic Bread, Carrots<br>and Peas | Root Vegetable<br>Mash, Peas<br>and Gravy          | Rice, Sour Cream<br>and Sweetcorn | Chips, Beans<br>and Peas            |  |
| SOMETHING<br>SWEET        | Jelly, Yoghurt or<br>Fresh Fruit  | Lemon Sponge Cake                 | Don's Cookie<br>of the Day                         | Apple Crumble<br>and Custard      | Chocolate Brownie                   |  |
| DESSERT POTS              | Jelly, Yoghurt or<br>Fresh Fruit  | Jelly, Yoghurt or<br>Fresh Fruit  | Jelly, Yoghurt or<br>Fresh Fruit                   | Jelly, Yoghurt or<br>Fresh Fruit  | Jelly, Yoghurt or<br>Fresh Fruit    |  |





# Lunch Menu: Week Commencing 11<sup>th</sup> November

|                           | MONDAY  | TUESDAY                              | WEDNESDAY                             | THURSDAY                               | FRIDAY                           |  |
|---------------------------|---|--------------------------------------|---------------------------------------|--|----------------------------------|--|
| SOUP OF THE DAY           | All our soups are homemade served with Hand made bread (Gluten Free available upon request) |                                      |                                       |  |                                  |  |
| MAIN                      | Sweet Potato and Red<br>Lentil Chilli with<br>Brown Rice                                    | Handmade<br>Sausage Roll             | Roast Chicken                         | Beef Ragu and Pasta                    | Oven Baked<br>Breaded Cod        |  |
| MAIN VEGETARIAN and VEGAN | Ratatouille with<br>Jacket Potato   | Stuffed Peppers                      | Potato, Leek and<br>Cheese Pie        | Gnocchi Bake                           | Vegan Fish Fingers               |  |
| ON THE SIDE               | Rice, Sweetcorn and<br>Sour Cream   | Crispy Potatoes,<br>Peas and Carrots | Mashed Potato and<br>Mixed Vegetables | Whole Wheat Pasta,<br>Carrots and Peas | New Potatoes<br>and Peas         |  |
| SOMETHING<br>SWEET        | Fruit Salad   | Flapjack                             | Don's Cookie<br>of the Day            | Sticky Toffee Pudding                  | Brownie<br>Pudding Pot           |  |
| DESSERT POTS              | Jelly, Yoghurt or<br>Fresh Fruit  | Jelly, Yoghurt or<br>Fresh Fruit     | Jelly, Yoghurt or<br>Fresh Fruit      | Jelly, Yoghurt or<br>Fresh Fruit       | Jelly, Yoghurt or<br>Fresh Fruit |  |





# Lunch Menu: Week Commencing 18<sup>th</sup> November

|                           | MONDAY  | TUESDAY                            | WEDNESDAY                                     | THURSDAY                               | FRIDAY                              |  |
|---------------------------|---|------------------------------------|---|--|-------------------------------------|--|
| SOUP OF THE DAY           | All our soups are homemade served with Hand made bread (Gluten Free available upon request) |                                    |   |  |                                     |  |
| MAIN                      | Mac and Cheese or<br>Tomato Pasta Bake  | Sweet Potato topped<br>Cottage Pie | Pepperoni,<br>Margarita or<br>Vegetable Pizza | Roast Pork                             | Fish Fingers or<br>Salmon Fish Cake |  |
| MAIN VEGETARIAN and VEGAN | Tomato and Winter<br>Vegetable Frittata   | Halloumi Tacos                     | Sweet Potato Cakes                            | Quiche of the Day                      | Vegan Fish Fingers                  |  |
| ON THE SIDE               | Mixed Vegetables and<br>Garlic Bread  | Mixed Vegetables                   | Herb Roasted New<br>Potatoes and Peas         | Roast Potatoes,<br>Cabbage and Carrots | Oven Chips and<br>Sweetcorn         |  |
| SOMETHING<br>SWEET        | Jelly, Yoghurt or<br>Fresh Fruit  | Lemon Sponge Cake                  | Trifle Pot                                    | Marmalade<br>Sponge Cake               | Ice Cream                           |  |
| DESSERT POTS              | Jelly, Yoghurt or<br>Fresh Fruit  | Jelly, Yoghurt or<br>Fresh Fruit   | Jelly, Yoghurt or<br>Fresh Fruit              | Jelly, Yoghurt or<br>Fresh Fruit       | Jelly, Yoghurt or<br>Fresh Fruit    |  |





## Lunch Menu: Week Commencing 25<sup>th</sup> November

|                           | MONDAY  | TUESDAY                            | WEDNESDAY  | THURSDAY                          | FRIDAY                              |  |
|---------------------------|---|------------------------------------|--|-----------------------------------|-------------------------------------|--|
| SOUP OF THE DAY           | All our soups are homemade served with Hand made bread (Gluten Free available upon request) |                                    |  |                                   |                                     |  |
| MAIN                      | Pasta Bar with<br>Choice of Sauces  | Sweet Potato topped<br>Cottage Pie | Roast Beef   | Chicken Burritos                  | Fish Fingers or<br>Salmon Fish Cake |  |
| MAIN VEGETARIAN and VEGAN | Quorn Stir Fry  | Quorn Sausage<br>and Mash          | Jacket potato with<br>Beans or<br>Vegetable Chilli | Thai Green Curry<br>and Rice      | Vegan Fish Fingers                  |  |
| ON THE SIDE               | Tomato Sauce, Cheese<br>Sauce, Pesto and<br>Mixed Vegetables                                | Mixed Vegetable and Gravy          | Roasted Potatoes<br>Peas, Carrots<br>and Gravy     | Rice, Sour Cream and<br>Sweetcorn | Chips, Beans<br>and Peas            |  |
| SOMETHING<br>SWEET        | Jelly and Yoghurt<br>Selection  | Lemon Drizzle Cake                 | Don's Cookie<br>of the Day                         | Apple Crumble and Custard         | Chocolate Brownie                   |  |
| DESSERT POTS              | Jelly, Yoghurt or<br>Fresh Fruit  | Jelly, Yoghurt or<br>Fresh Fruit   | Jelly, Yoghurt or<br>Fresh Fruit                   | Jelly, Yoghurt or<br>Fresh Fruit  | Jelly, Yoghurt or<br>Fresh Fruit    |  |





# Lunch Menu: Week Commencing 2<sup>nd</sup> December

|                           | MONDAY  | TUESDAY                              | WEDNESDAY                           | THURSDAY                               | FRIDAY                           |  |
|---------------------------|---|--------------------------------------|-------------------------------------|--|----------------------------------|--|
| SOUP OF THE DAY           | All our soups are homemade served with Hand made bread (Gluten Free available upon request) |                                      |                                     |  |                                  |  |
| MAIN                      | Sweet Potato and Red<br>Lentil Chilli with<br>Brown rice                                    | Roast Pork                           | Chicken in a<br>Creamy Sauce        | Beef Ragu and Pasta                    | Oven Baked<br>Breaded Cod        |  |
| MAIN VEGETARIAN and VEGAN | Ratatouille with<br>Jacket Potato   | Stuffed Peppers                      | Potato Leak and<br>Cheese Pie       | Gnocchi Bake                           | Vegan Fish fingers               |  |
| ON THE SIDE               | Rice, Sweetcorn and<br>Sour Cream   | Crispy Potatoes, Peas<br>and Carrots | Mash Potato and<br>Mixed Vegetables | Whole Wheat Pasta,<br>Carrots and Peas | New Potatoes<br>and Peas         |  |
| SOMETHING<br>SWEET        | Fruit Salad   | Flapjack                             | Don's Cookie<br>of the Day          | Chocolate Rice<br>Pudding              | Sticky Toffee<br>Pudding         |  |
| DESSERT POTS              | Jelly, Yoghurt or<br>Fresh Fruit  | Jelly, Yoghurt or<br>Fresh Fruit     | Jelly, Yoghurt or<br>Fresh Fruit    | Jelly, Yoghurt or<br>Fresh Fruit       | Jelly, Yoghurt or<br>Fresh Fruit |  |





## Lunch Menu: Week Commencing 9<sup>th</sup> December

|                           | MONDAY  | TUESDAY   | WEDNESDAY                                  | THURSDAY                           | FRIDAY     |  |
|---------------------------|---|---|--|------------------------------------|------------|--|
| SOUP OF THE DAY           | All our soups are homemade served with Hand made bread (Gluten Free available upon request) |   |  |                                    |            |  |
| MAIN                      | Mac and Cheese or<br>Pasta Bake   | Christmas Lunch Roasted Turkey with all the trimmings | Pepperoni, Margarita<br>or Vegetable pizza | Sweet Potato topped<br>Cottage Pie | Party food |  |
| MAIN VEGETARIAN and VEGAN | Tomato and Winter<br>Vegetable Frittata   | Vegetable Wellington                                  | Sweet Potato Cakes                         | Quorn Sausage<br>and Mash          | Party food |  |
| ON THE SIDE               | Mixed Vegetables and<br>Garlic Bread  | Roasted Potatoes<br>Carrots and Sprouts               | Cabbage and Peas                           | Mixed Vegetable<br>and Gravy       | Party food |  |
| SOMETHING<br>SWEET        | Jelly, Yoghurt or<br>Fresh Fruit  | Christmas Cupcake or Mince pie                        | Trifle Pot                                 | Lemon Drizzle Cake                 | Party food |  |
| DESSERT POTS              | Jelly, Yoghurt or<br>Fresh Fruit  | Jelly, Yoghurt or<br>Fresh Fruit                      | Jelly, Yoghurt or<br>Fresh Fruit           | Jelly, Yoghurt or<br>Fresh Fruit   | Party food |  |

